

# IN-HOME RESPITE PROGRAM



LONG ISLAND  
**Alzheimer's  
& Dementia**  
CENTER

[WWW.LIDEMENTIA.ORG](http://WWW.LIDEMENTIA.ORG)

(516) 767-6856

WESTBURY, NY

## WHAT IS IT?

LIAD Center's trained Respite Companions will come to your home to provide a two-hour session of stimulating cognitive activities for your loved one with Alzheimer's or a related dementia. The visit allows the caregiver, to have some much-needed time to tend to their own needs, like food-shopping, medical appointments, seeing their friends, whatever they need.

## WHO CAN USE THIS PROGRAM?

This program is available to Nassau County residents caring for an individual with Alzheimer's disease or a related dementia. This is made possible with partial funding from the Nassau County Office for the Aging, New York State Office for the Aging, and the U.S. Administration on Aging.

## INTERESTED?

Contact Melissa Katz, LCSW for more information at:  
(516) 767-6856 ext. 14  
[mkatz@lidementia.org](mailto:mkatz@lidementia.org)

Please note: The Respite Program is a social activities program and not a healthcare service. The LIAD Center's programs and services are available to all eligible individuals without regard to race, color, national origin, religion, gender, sexual orientation, marital status, age, or disability.